

training timetable

Day One	Day Two	Day Three
Registration, Health & Safety and Intro	Questions & Answers	Questions & Answers
Workplace dangers, assessing the risk and legal framework	Shock definition-causes, including heart attack, diabetes and severe bleeding; signs and symptoms	Burns, to cover causes, area, depth, complications and treatment
Incident management, summoning help, hand over and the first aid box	Shock and Anaphylactic shock and the treatment, incorporating the last session.	Eye injuries, including irrigation and dressings.
Airway management, the unconscious casualty, seizures, head injuries, asphyxia, asthma and recovery position	Practical session on care of the unconscious casualty, CPR and the choking unconscious casualty	Poisoning recognition and treatment
Intro to CPR /AED and practical session	Introduction to applying dressing's theory and practice. Including the importance of best practice relating to hygiene and wounds, cuts, grazes, bruises, amputations, crush injuries, splinters & embedded objects.	Practical session on CPR/AED, recovery position and application of dressings.
Management of the choking casualty	More practice at dressings, CPR and care of the unconscious casualty	Multiple-choice assessment
Fractures, sprains, dislocations, spinal injuries incorporating airway management and chest injuries.	Stroke, Epilepsy & Head Injuries	Formal assessments with external assessors
Record keeping and clean up	Question & Answers for Students and any queries.	Results or any referrals. Explanation of Annual Refresher ½ day courses and also re qualification course before expiry date

Please note that the above is for guidance only. Actual course order may differ.

pre-course reading

awarding body contact details

The First Aid Industry Body
4 Ashdown Avenue,
Woodley,
Stockport,
Cheshire,
SK6 1LL

Tel: 0161 494 9045
Email : info@faib.co.uk
Web: www.faib.co.uk



The First Aid Industry Body

course objectives

At the end of the course delegates will be able to:

- Assess emergency situations and carry out appropriate action including informing emergency services
- Carry out artificial ventilations and chest compressions and use of a Automated External Defibrillator
- Place a casualty in to the recovery position and know when to use this position
- Know when and how to use the spinal injury recovery position
- Clear obstructed airways
- Control severe bleeding
- Recognise and treat shock
- Understand the requirements of a First Aid kit and how to report accidents in the workplace
- Recognise and treat major illnesses
- Deal with burns and scalds
- Deal with chemical contamination
- Deal with poisons, gases and fumes
- Recognise and treat fractures
- Know when and how to move casualties safely
- Recognise and treat other miscellaneous conditions
- Carry out the duties of a First Aider in a safe and approved manner, with no risk to self or third party

who is the course for?

Those employees nominated to act as a first aider in the workplace as determined by the organisation's emergency first aid risk assessment, or anyone, who as part of their employment or day to day life requires a First Aid Qualification.

duration / format / assessment

Blended Learning delivery comprises of an on-line interactive learning module which takes approximately 6 hours to complete. This module replaces day one of the traditional 3 day course and must be completed prior to attending the classroom-based part of the course.

Assessment is made by independent assessors using scenario-based questioning and multiple-choice question paper.

instructor / trainee ratio

Min 1: 6 **Max 1:12**

awarding body / certification

Approved by First Aid Industry Body (FAIB)
Certificate of Approval number 1179/92 (627)

QCF Level 3 Qualification available certified by Qualifications Network (QNUK) Terms apply

course content

- Communication and delegation of responsibility in an emergency
- Resuscitation and AED
- Managing the unconscious casualty
- The treatment and control of bleeding
- The treatment of shock
- The treatment of burns and scalds
- The treatment of bone, muscle and joint injuries
- The treatment of minor injuries
- The treatment of eye injuries
- Poisons, gases and fumes
- Transporting and moving an injured person
- Recognising illness
- Personal hygiene and cross-infection control
- The first aid box and simple record keeping
- The duties of the employer

course requirements / notes

Delegates are required to take active participation in the practical demonstrations in order to achieve certification. Delegates should dress appropriately for carrying out floor-based tasks such as CPR and recovery position.

Training rooms should provide adequate seating and have sufficient clear floor space in which to carry out first aid demonstrations.

further information / contact us

Cognet Limited
County House
St Mary Street
Worcester
Worcestershire WR1 1HB
Telephone: 0800 7811041 or 01905 28326
Email: info@cognet.training
Web: www.cognet.training